



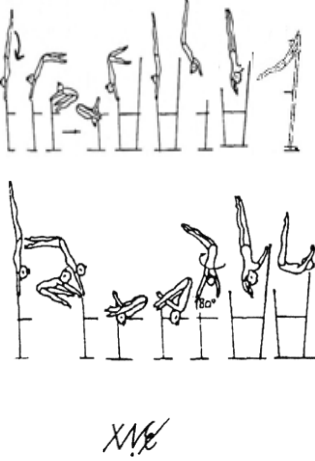
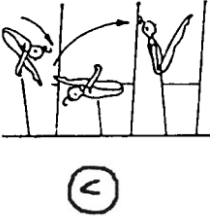
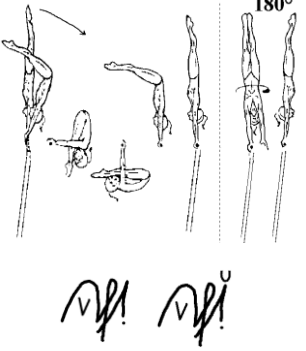
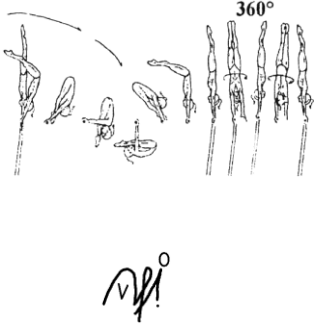


2010 Youth Olympic Games


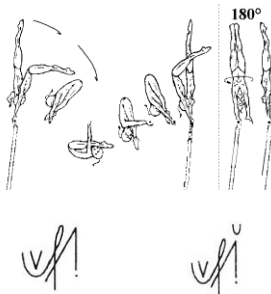
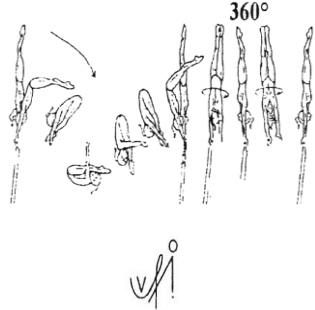
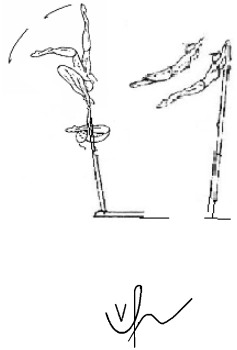


WAG New Elements

Apparatus	NOC	Name	Element Description	DV	Symbol	Number
Uneven Bars VL	RUS	KOMOVA, Viktoria	Clear pike circle bwd through hstd with flight and ½ turn (180°) to hang on HB	E		4.508
Balance Beam T\	ROU	BULIMAR, Diana	Mount – Jump to side split sit (take-off two feet). Hand support permitted	A		1.105
	ESA	DOMINGUEZ, Gabriela	Dismount - <i>Salto bwd tucked with 1½(540°)</i>	C		6.304
	CAN	GARDINER, Madeline	Aerial cartwheel with Change of Legs	D		5.409 (same element)

4.000 — STALDER CIRCLES

A	B	C	D	E	F/G
<p>4.105</p>	<p>4.205</p>	<p>4.305 Facing inward – Stalder bwd with hecht flight to hang on HB</p> 	<p>4.405 Facing outward – Stalder bwd through hstd with flight to hang on HB</p> 	<p>4.505 Stalder bwd through hstd with flight and 1/2 turn (180°) to hang on HB</p> 	<p>4.605</p>
<p>4.106 Rear support - seat (pike) circle fwd to rear support</p> 	<p>4.206</p>	<p>4.306</p>	<p>4.406 Clear pike circle fwd to hstd, also with 1/2 turn (180°) to hstd</p> 	<p>4.506 Clear pike circle fwd with 1/1 turn (360°) to hstd</p> 	<p>4.606</p>

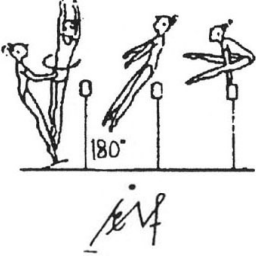

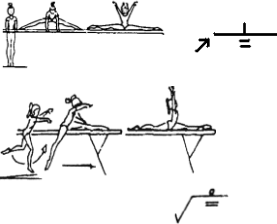
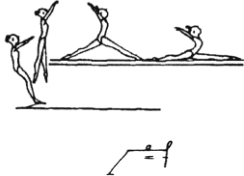
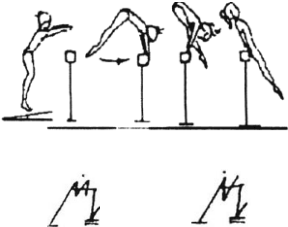
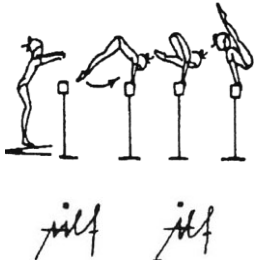
4.000 — STALDER CIRCLES

A	B	C	D	E	F/G
<p>4.107 Rear support – seat (pike) circle bwd to rear support</p> 	<p>4.207</p>	<p>4.307</p>	<p>4.407 Clear pike circle bwd to hstd, also with ½ turn (180°) to hstd</p> 	<p>4.507 Clear pike circle bwd with 1/1 turn (360°) to hstd</p> 	<p>4.607</p>
<p>4.108</p>	<p>4.208</p>	<p>4.308 Clear pike circle bwd on LB with hecht flight to hang on HB</p> 	<p>4.408 From hstd clear pike circle bwd to rear inverted pike support</p> 	<p>4.508 Clear pike circle bwd through hstd with flight and ½ turn (180°) to hang on HB</p> 	<p>4.608</p>

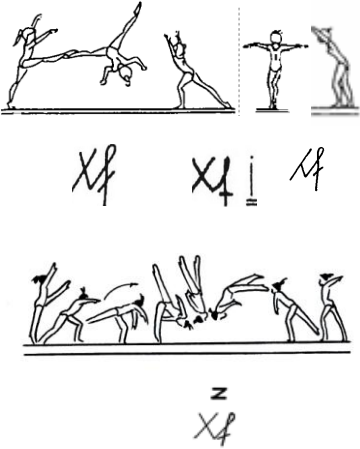
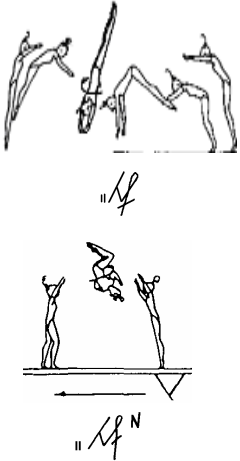
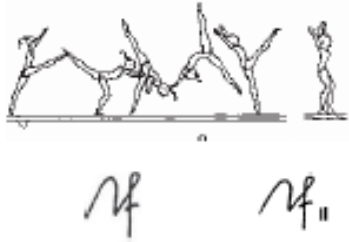
	VL	A - .100	B - .200	C - .300	D - .400	E - .500	F - .600	G - .700
1. ↑	01	L L						
	02	u ue	eu					
	03	le le	le le					
	04	l' l'	l' l'	l' l'				
	05	l' l'						
	06	l' l'	l' l'					
	07		l' l'	l' l'	l' l'			
	08		l' l'	l' l'	l' l'			
	09				l' l'	l' l'	l' l'	
	10		l' l'	l' l'	l' l'			
	11				l' l'	l' l'		
2. !	01	l' l'	l' l'	l' l'	l' l'			
	02		l' l'	l' l'				
	03			l' l'	l' l'	l' l'		
	04				l' l'	l' l'		
	05	o ~		l' l'	l' l'	l' l'		
	06			l' l'	l' l'	l' l'		
	07			l' l'	l' l'	l' l'		
3. U A	01		l' l'	l' l'	l' l'			
	02				l' l'	l' l'		
	03				l' l'	l' l'	l' l'	
	04				l' l'	l' l'	l' l'	
	05				l' l'	l' l'	l' l'	
	06		l' l'	l' l'		l' l'		
	07			l' l'	l' l'			
	08			l' l'	l' l'	l' l'		l' l'
	09			l' l'	l' l'			
	10			l' l'	l' l'	l' l'		

	VL	A - .100	B - .200	C - .300	D - .400	E - .500	F - .600	G - .700
4. X	01	⊗	l' l'	l' l'	l' l'			
	02		⊗	l' l'	l' l'	l' l'		
	03				l' l'	l' l'	l' l'	
	04	⊗		l' l'	l' l'	l' l'	l' l'	
	05			l' l'	l' l'	l' l'	l' l'	
	06	⊗			l' l'	l' l'	l' l'	
	07	⊗			l' l'	l' l'	l' l'	
	08			l' l'	l' l'	l' l'	l' l'	
	09			l' l'	l' l'	l' l'	l' l'	
5. U	01	⊗		⊗	⊗	⊗	⊗	
	02		⊗	l' l'	l' l'	l' l'	l' l'	
	03			l' l'	l' l'	l' l'	l' l'	
	04	⊗		l' l'	l' l'	l' l'	l' l'	
	05	⊗		l' l'	l' l'	l' l'	l' l'	
	06	⊗		l' l'	l' l'	l' l'	l' l'	
	07		l' l'	l' l'			l' l'	
	08	⊗		l' l'	l' l'	l' l'	l' l'	l' l'
	09				l' l'	l' l'	l' l'	l' l'
6. ↓	01	l' l'	l' l'	l' l'	l' l'	l' l'		
	02	l' l'		l' l'	l' l'	l' l'	l' l'	
	03		l' l'	l' l'	l' l'	l' l'	l' l'	
	04	l' l'	l' l'	l' l'	l' l'	l' l'	l' l'	
	05		l' l'	l' l'	l' l'	l' l'	l' l'	
	06				l' l'	l' l'	l' l'	l' l'
	07				l' l'	l' l'	l' l'	l' l'
	08	l' l'	l' l'	l' l'	l' l'	l' l'	l' l'	l' l'
	09		l' l'	l' l'	l' l'	l' l'	l' l'	l' l'
	10		l' l'	l' l'	l' l'	l' l'	l' l'	l' l'

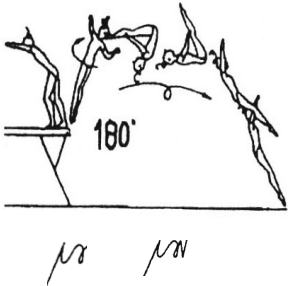

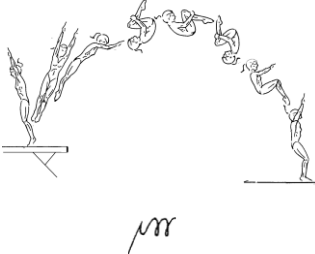

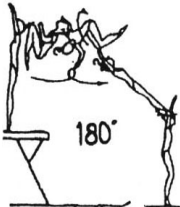
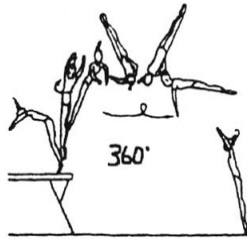
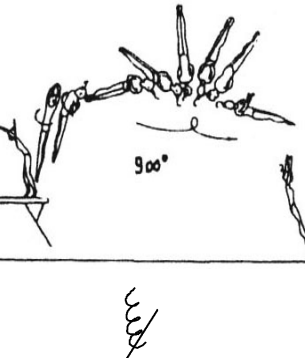
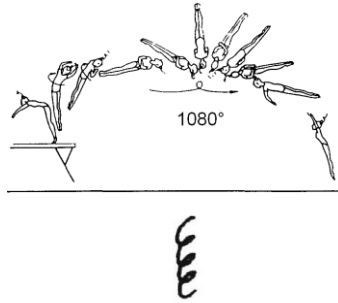
1.000 — MOUNTS

A	B	C	D	E	F/G
<p>1.104</p>	<p>1.204 (D) <i>Jump with ½ turn (180°) to clear straddle support – 90° approach to beam</i></p> 	<p>1.304 <i>Straddle pike jump bwd over beam from stand or round-off into immediate hip circle bwd – 90° approach to beam</i></p> 	<p>1.404</p> <div style="border: 1px solid black; padding: 2px; width: fit-content; margin: 10px auto;"> (D) = To be counted as Dance element </div>	<p>1.504</p>	<p>1.604</p>
<p>1.105 (D) <i>Jump to side split sit- (take-off two feet (hand support permitted), or Leap to cross split sit from one foot take-off – diagonal approach to beam (hand support permitted)</i></p> 	<p>1.205</p>	<p>1.305 (D) <i>Free jump to cross split sit – take-off from both legs – diagonal approach to beam</i></p> 	<p>1.405</p>	<p>1.505</p>	<p>1.605</p>
<p>1.106 <i>From side stand - squat or stoop through to rear support</i></p> 	<p>1.206 <i>From side stand – squat or stoop through to clear pike support (2 sec.)</i></p> 	<p>1.306</p>	<p>1.406</p>	<p>1.506</p>	<p>1.606</p>

5.000 — ACROBATIC FLIGHT

A	B	C	D	E	F/G
<p>5.109</p>	<p>5.209</p>	<p>5.309</p>	<p>5.409 Free (aerial) cartwheel – landing in cross or side position on one or both feet, <i>also with leg change</i></p> 	<p>5.509 Free aerial round-off tucked or piked – take off from 2 feet</p> 	<p>5.609</p>
<p>5.110</p>	<p>5.210</p>	<p>5.310</p>	<p>5.410 Free (aerial) walkover fwd, landing on one or both feet</p> 	<p>5.510</p>	<p>5.610</p>

6.000 — DISMOUNTS

A	B	C	D	E	F/G
<p>6.103</p>	<p>6.203 <i>Jump bwd, with ½ twist (180°), salto fwd tucked or piked (Arabian salto)</i></p> 	<p>6.303 <i>Stretched jump fwd with 1/1 twist (360°) and salto fwd tucked, piked, or stretched</i></p> 	<p>6.403</p>	<p>6.503</p>	<p>6.703 - G - <i>Arabian double salto fwd. tucked</i></p> 
<p>6.104 <i>Salto bwd tucked, piked, or stretched, also with ½ twist (180°)</i></p> 	<p>6.204 <i>Salto bwd tucked or stretched with 1/1 (360°)</i></p> 	<p>6.304 <i>Salto bwd tucked or stretched with 1½ (540°) twist</i> <i>Salto bwd stretched with 2/1 twist (720°)</i></p> 	<p>6.404 <i>Salto bwd stretched with 2½ twist (900°)</i></p> 	<p>6.504</p>	<p>6.604 - F - <i>Salto bwd stretched with 3/1 twist (1080°)</i></p> 

	A-100	B-200	C-300	D-400	E-500	F.600	G.700
1.01	X	Y	Z				
1.02	Y						
03	Y		Z				
04		Y	Z				
05	Y		Z				
06	Y	Y					
07	Y						
08	X	Y	Z				
09		Y	Z				
10		Y	Z				
11		Y	Z				
12			Z				
13		Y	Z				
14	Y	X	Y				
15		Y					
16							
17			Z				
18							
19							

	A-100	B-200	C-300	D-400	E-500	F.600	G.700
2.01	X	Y	Z				
02	X	Y	Z				
03	X	Y	Z				
04		Y	Z				
05			Z				
06			Z				
07	Y	Y	Y				
08	X	Y	Z				
09		Y	Z				
10		Y	Z				
11	Y	Y	Y				
12	Y	Y	Y				
3.01	O	Ø					
02			Ø				
03			Ø				
04			Ø				
05			Ø				
06	Ø	Ø	Ø				
07			Ø				
08			Ø				
4.01	Y						
02	Y						
03	Y						
04	Y						
05	Y						
06	Y						
07	Y						
08	Y						
09	Y						
10	Y						
11	Y						

	A-100	B-200	C-300	D-400	E-500	F.600	G.700
5.01	X	Y	Z				
02	X	Y	Z				
03	X	Y	Z				
04		Y	Z				
05		Y	Z				
06		Y	Z				
07		Y	Z				
08		Y	Z				
09		Y	Z				
10		Y	Z				
11		Y	Z				
12		Y	Z				
13		Y	Z				
14		Y	Z				
6.01	X	Y	Z				
02	X	Y	Z				
03	X	Y	Z				
04	X	Y	Z				
05	X	Y	Z				
06	X	Y	Z				
07	X	Y	Z				